



Republic of the Philippines  
**Department of Education**  
REGION IV- A CALABARZON  
CITY SCHOOLS DIVISION OF THE CITY OF TAYABAS

Advisory No. **053** s. 2026  
March 17, 2026

In Compliance with DepEd Order (DO) No. 8 s. 2013  
this advisory is issued not for endorsement per DO 28 s. 2001,  
but only for the information of DepEd officials,  
personnel/staff, as well as the concerned public  
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**1<sup>st</sup> NATIONAL MENTAL HEALTH AWARENESS CONFERENCE**

The Association of Filipino Youth for Civic Action (AFYCA) will host its **1<sup>st</sup> National Mental Health Awareness Conference** at the **San Andres Sports Complex, Manila**, on **April 7-8, 2026**.

With the theme **“The Silent War: Overcoming Stress, Anxiety, and Depression,”** the conference aims to bring together student leaders, educators, mental health professionals, religious leaders, and community stakeholders from across the Philippines to address critical issues on mental health and well-being, particularly among the youth.

The registration link and additional information are available on AFYCA’s Facebook page.

Participation of learners and teachers from public and private schools is purely voluntary and shall not disrupt instructional time, in compliance with **DepEd Order (DO) No. 012, s. 2025, DO 9, s. 2005**, and the policy on off-campus activities stated in **DO 66, s. 2017**.

This is also subject to the no-collection policy under Section 3 of Republic Act No. 5546 (Ganzon Law), as cited in **DO 19, s. 2008** and reiterated in **DepEd Memorandum No. 041, s. 2024**.

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Dissemination of this advisory is desired.

SGOD- 1<sup>st</sup> national mental health awareness conference  
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